



2017 - U12

Senior Rules of Play

Ball size	4
Number of players	10 players on field, including goalie. Others should stay on bench.
Substitutions	Anytime there is a stoppage of play.
Playing Time	Players should play a minimum of 50% of the game.
Player Equipment	Uniform: League issued shirt. Non-uniform clothing is allowed based on weather conditions, but must still distinguish teams.
Shinguards	Mandatory
Shoes	Soft cleated shoes (with no front cleat) are mandatory
Jewelry	All jewelry must be removed before play
Mouthguards	Mandatory
Referee	All rule infractions should be briefly explained to the offending player by the referee on the field. Referee will be league assigned.
Game duration	2 – 25-minute halves, 5-minute halftime.
Start of play	With a representative from each team at center, a flip of a coin will determine which team will start play with ball. Opposing team will begin second half with ball. Opponents start 10 yards from ball.
	2 in center circle, all others outside circle, Ball must go forward first
	Ball must hit another player before a goal can be scored
Restart of play	Opponents at least 10 yards from the ball until it's in play.
Ball in & out of play	Ball completely leaves plane of perimeter line.
Scoring	Ref will keep track, but this should not be the focus of the game for players/coaches or parents. Ball must completely cross goal line to be a goal.
Offside	Yes. Conform to FIFA Rules. INDIRECT FREE KICK to opposing team of offside player from where infraction occurred.
Heading	Heading is banned. If a player deliberately touches the ball with his/her head. An indirect kick is given to the opposing team from where the infraction occurred.
Fouls, misconduct	Conform to FIFA. May Card. One exception: When goalkeeper punts or drop-kicks ball in air from penalty area to opponent's penalty area, an indirect free kick is awarded at the center spot of the halfway line.
Free kicks	Conform to FIFA, opponents stay 10 yards away.
Penalty Kicks	Penalty mark is 10 yards and arc is 10 yards out that all players except kicker and goalkeeper stay behind. Once goalie is set, he/she cannot move.
Throw in	Conform to FIFA.
Goal Kick	Conform to FIFA.
Corner Kick	Ball placed in arc, opponents start at least 10 yards from ball.
Goal keeper	Yes, must wear a goalie shirt. Can only use hands inside the goal area.

Please refer to: <http://www.fifa.com/aboutfifa/footballdevelopment/technicalsupport/refereeing/laws-of-the-game/index.html> for more information on FIFA rules and regulations.