



2017 - U8

Bantam Rules of Play

Ball size	3
Number of players	7 players, including the goalie. Others should stay on bench.
Substitutions	Anytime there is a stoppage of play.
Playing Time	Players should play a minimum of 50% of the game.
Player Equipment	Uniform: League issued shirt. Non-uniform clothing is allowed based on weather conditions, but must still distinguish teams.
Shinguards	Mandatory
Shoes	Soft cleated shoes (with no front cleat) are mandatory
Jewelry	All jewelry must be removed before play
Mouthguards	Mandatory
Referee	All rule infractions should be briefly explained to the offending player by the referee on the field. Referee will be league assigned.
Game duration	4 - 10 minute quarters, 2 min break between quarters, 5 min halftime.
Start of play	With a representative from each team at center, a flip of a coin with determine which team will start play with ball. Opposing team will begin second half with ball.
	2 in center circle, all others outside circle, Ball must go forward first
	Ball must hit another player before a goal can be scored
Restart of play	Opponents must retreat to midfield until ball is in play.
Ball in & out of play	Ball completely leaves plane of perimeter line.
Offside	None. Offsides will be introduced to players halfway throughout the season.
Heading	Heading is banned. If a player deliberately touches the ball with his/her head. A throw-in will be awarded to the opposing team from where the infraction occurred.
Fouls, misconduct	DIRECT KICK, explain foul to player.
Free kicks	All are direct. Opponents stay 8 yards away. Those awarded in the goal area should be moved 4 yards away from the goal to be taken.
Penalty Kicks	None
Throw ins.	Conform to FIFA.
Goal Kick	Referee whistles for kick. Take from anywhere in the side of the goal box. Opponents must retreat to their side.
Corner Kick	Ball placed in arc, opponents start at least 8 yards from ball.
Goal keeper	Yes, must wear a goalie shirt. Can only use hands inside the goal area.